



SUMMER SAFEGUARDING SUPPORT

Useful contact numbers for parents



IF A CHILD IS IN IMMEDIATE DANGER, ALWAYS CALL 999

Support is available for all families.
You are not alone – help is just a phone call away.

SERVICE	CONTACT	WHEN TO USE
 999 Emergency Services	999	A child or young person is at immediate risk of harm.
 Police (Non-Emergency)	101	To report concerns that are not an emergency.
 Local Children's Social Care	0300 123 6720	If you are worried about the safety or wellbeing of a child.
 Emergency Duty Team (Evenings, Weekends & Bank Holidays)	0300 123 6722	Urgent safeguarding concerns outside office hours.
 Blackpool Children's Services	01253 477299	Safeguarding concerns or advice.
 Blackpool Emergency Duty Team	01253 477600	Urgent concerns outside office hours.
 NSPCC NSPCC Helpline	0808 800 5000	Free advice if you are worried about a child.
 Childline	0800 1111	Free, confidential support for children and young people (24/7).
 Samaritans	116 123	Emotional support for anyone in distress (24/7).
 NHS 111	111	Medical advice and urgent health concerns when it's not an emergency.



MENTAL HEALTH SUPPORT



Shout
Text **SHOUT** to **85258**
for free, confidential mental health support by text (24/7).



YoungMinds Parents Helpline
0808 802 5544
Support and advice for parents.



REMEMBER

You do not need proof that a child is being harmed to seek advice.
If something doesn't feel right, it is always better to speak to a professional who can listen, advise and help keep children safe.



Your call could make all the difference. You are not alone.

