

## **PSHE statutory RSE**

### **By the end of secondary school**

Schools should continue to develop knowledge on topics specified for primary as required and in addition cover the following content by the end of secondary.

#### **Families**

Pupils should know:

<ul style="list-style-type: none"><li>that there are different types of committed, stable relationships.</li></ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day
<ul style="list-style-type: none"><li>how these relationships might contribute to human happiness and their importance for bringing up children. (Curriculum link – RE)</li></ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day
<ul style="list-style-type: none"><li>what marriage is, including their legal status – for example, that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. (Curriculum link – RE)</li></ul>	Year 11 RSE lessons
<ul style="list-style-type: none"><li>why marriage is an important relationship choice for many couples and why it must be freely entered into. (Curriculum link – RE)</li></ul>	Year 11 RSE lessons
<ul style="list-style-type: none"><li>the characteristics and legal status of other types of long-term relationships.</li></ul>	Year 11 RSE lessons
<ul style="list-style-type: none"><li>the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.</li></ul>	Year 11 RSE
<ul style="list-style-type: none"><li>how to determine whether other children, adults or sources of information are trustworthy, judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships), how to seek help or advice, including reporting concerns about others, if needed</li></ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day

#### **Respectful relationships, including friendships**

Pupils should know:

<ul style="list-style-type: none"><li>the characteristics of positive and healthy friendships, in all contexts including online, such as:<ul style="list-style-type: none"><li>trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict</li></ul></li></ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day
---	---

<ul style="list-style-type: none"> <li>reconciliation and ending relationships, this includes different (non-sexual) types of relationship (Curriculum link – RE, IT)</li> </ul>	
<ul style="list-style-type: none"> <li>practical steps they can take in a range of different contexts to improve or support respectful relationships</li> </ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day
<ul style="list-style-type: none"> <li>how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (for example, how they might normalise non-consensual behaviour or encourage prejudice)</li> </ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day  Year 9 – Women’s aid session  Year 11 – Equality day
<ul style="list-style-type: none"> <li>that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people’s beliefs</li> </ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day
<ul style="list-style-type: none"> <li>about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help</li> <li>that some types of behaviour within relationships are criminal, including violent behaviour and coercive control (Curriculum link – IT)</li> </ul>	Year 7 Pd lessons  Year 8 – Online safety  Year 11 PD lessons
<ul style="list-style-type: none"> <li>what constitutes sexual harassment and sexual violence and why these are always unacceptable</li> </ul>	Year 11 Equality day
<ul style="list-style-type: none"> <li>the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal</li> </ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day  Assemblies

### Online and media

Pupils should know:

<ul style="list-style-type: none"> <li>their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online (Curriculum link – IT)</li> </ul>	Year 7 PD lessons Year 7 Choices day Year 8 Online safety day
---	---

<ul style="list-style-type: none"> <li>about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online (Curriculum link – IT)</li> </ul>	Year 7 PD lessons Year 7 Choices day Year 8 Online safety day
<ul style="list-style-type: none"> <li>not to provide material to others that they would not want shared further and not to share personal material which is sent to them (Curriculum link – IT)</li> </ul>	Year 7 PD lessons Year 7 Choices day Year 8 Online safety day
<ul style="list-style-type: none"> <li>what to do and where to get support to report material or manage issues online (Curriculum link – IT)</li> </ul>	Year 7 PD lessons Year 7 Choices day Year 8 Online safety day
<ul style="list-style-type: none"> <li>the impact of viewing harmful content (Curriculum link – IT)</li> </ul>	Year 11 PD lessons Year 11 Equality day
<ul style="list-style-type: none"> <li>that specifically sexually explicit material, for example pornography, presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners</li> </ul>	Year 11 PD lessons
<ul style="list-style-type: none"> <li>that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail</li> </ul>	Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day
<ul style="list-style-type: none"> <li>how information and data is generated, collected, shared and used online (Curriculum link – IT)</li> </ul>	Year 8 Online Safety day

### Being safe

Pupils should know:

<ul style="list-style-type: none"> <li>the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships (Curriculum link – RE)</li> <li>how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn, in all contexts, including online</li> </ul>	Year 7 – FGM PD lessons  Year 11 PD lessons  Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day
--	--

## Intimate and sexual relationships, including sexual health

Pupils should know:

<ul style="list-style-type: none"> <li>how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship</li> </ul>	<p>Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day</p>
<ul style="list-style-type: none"> <li>that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, for example physical, emotional, mental, sexual and reproductive health and wellbeing</li> </ul>	<p>Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day</p>
<ul style="list-style-type: none"> <li>the facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women and menopause  (Curriculum link – Science)</li> </ul>	<p>Year 11 PD lessons</p>
<ul style="list-style-type: none"> <li>that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others</li> </ul>	<p>Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day</p>
<ul style="list-style-type: none"> <li>that they have a choice to delay sex or to enjoy intimacy without sex</li> </ul>	<p>Year 11 PD lessons</p>
<ul style="list-style-type: none"> <li>the facts about the full range of contraceptive choices, efficacy and options available  (Curriculum link – Science)</li> </ul>	<p>Year 9 PD lessons  Year 10 Healthy relationship days  Year 11 CASH experts</p>
<ul style="list-style-type: none"> <li>the facts around pregnancy including miscarriage</li> </ul>	<p>Year 11 PD lessons</p>
<ul style="list-style-type: none"> <li>that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help)  (Curriculum link – RE)</li> </ul>	<p>Year 11 PD lessons</p>
<ul style="list-style-type: none"> <li>how the different sexually transmitted infections (STIs), including HIV and AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing  (Curriculum link – Science)</li> </ul>	<p>Year 7, Year 9, Year 11 RSE Lessons Year 8 and 10 Healthy Relationship day</p>
<ul style="list-style-type: none"> <li>about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment</li> </ul>	<p>Year 9 PD lessons/ Health awareness day Year 10 Healthy relationship day Year 11 PD lessons</p>

<ul style="list-style-type: none"> <li>• how the use of alcohol and drugs can lead to risky sexual behaviour</li> </ul>	Year 9 PD lessons/ Health awareness day Year 10 Healthy relationship day Year 11 PD lessons
<ul style="list-style-type: none"> <li>• how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment</li> </ul>	Year 9 PD lessons/ Health awareness day Year 10 Healthy relationship day Year 11 PD lessons

### The Law

It is important to know what the law says about sex, relationships and young people, as well as broader safeguarding issues. This includes a range of important facts and the rules regarding sharing personal information, pictures, videos and other material using technology. This will help young people to know what is right and wrong in law, but it can also provide a good foundation of knowledge for deeper discussion about all types of relationships. There are also many different legal provisions whose purpose is to protect young people and which ensure young people take responsibility for their actions.

Pupils should be made aware of the relevant legal provisions when relevant topics are being taught, including for example:

- marriage
- consent, including the age of consent
- violence against women and girls
- online behaviours including image and information sharing (including 'sexting', youth-produced sexual imagery, nudes, etc.)
- pornography
- abortion
- sexuality
- gender identity
- substance misuse
- violence and exploitation by gangs
- extremism and radicalisation
- criminal exploitation (for example, through gang involvement or 'county lines' drugs operations)
- hate crime
- female genital mutilation (FGM)