

PE Curriculum Statement

In line with our whole school curriculum statement, Saint Aidan's is a Church of England High School with an inclusive Christian ethos. Our vision is:

- We **aspire** to be a school where life is lived in "all its fullness" (John 10:10).
- We **believe** in the God-given potential of every one of our students.
- We **succeed** by working together as a school where all can thrive and where excellence is valued.

As a result the PE curriculum is designed to this vision, whether in formal lessons or in the wider experience of students.

The formal PE curriculum

Aims: Through the teaching of PE at Saint Aidan's we aim:

- Provide high quality, expert teaching in PE for all students.
- To offer a wide range of sporting activities on the curriculum for both boys and girls.
- To develop confidence and self-image within students.
- Enable our students to represent the school in a competitive setting.
- Increase knowledge around healthy lifestyles and the importance of being active.
- To promote a variety of learning opportunities so every child can learn and develop.
- Provide a safe and secure environment for all students to learn in.
- Provide cross curriculum learning opportunities within PE, which will aid learning in other subject areas i.e. Maths, Biology, and English.
- Offer opportunities for students to study PE and related examinable subjects at KS4.

Objectives: By the end of their PE education at Saint Aidan's all students should be able:

- Participate in a variety of sporting activities to the best of their ability.
- To be creative in their performances.
- Have had the opportunity to represent the school.
- Solve problems in sporting setting.
- Work as an individual or as part of a team.
- Explain lifelong benefits of exercise and active lifestyles.
- Develop subject specific knowledge through examinable related courses at KS4.

Key Stage 3

Key stage 3 programme of study starts with Year 7 focusing on introducing the core skills of each unit of work. Year 8 focuses on skill refinement and placing them into a context. Year 9 works mainly on full context and decision making. Setting in KS3 is done through the introduction of mixed classes in year 7, which then carries on through to year 9. Students will have 1 lesson a week in same gender group and one which is mixed gender according to their ability. Numerous opportunities (both within lesson and extra-curricular) to perform, coach, umpire, lead and score.

Key Stage 4

KS4 has a real focus on participation levels, health and fitness and lifelong participation. Units of work are based around full context of the sporting activity being covered and emphasis is placed upon enjoyment and competition. Students follow a programme of a variety of sports and health related activities and are assessed at KS4 according to their effort in classes.

Assessment at KS3:

On entry students complete a series of base line test, which enable realistic targets to be set for every student in KS3, In line with the school flight path chart. Every unit a student covers is assessed and entered into SIMS. From there SIMS will take their best 2 team sport marks and their best individual mark and average them out.

Assessment at KS4:

Students at KS4 core PE lessons are assessed according to their attitude and effort in class. Students studying AQA GCSE PE or OCR Sports Science are assessed using the frameworks set out in both specifications. Assessment of GCSE PE students carried out at the clubs they play for outside of school, as well as inside school.

Beyond the formal PE curriculum

- Extra-curricular opportunities (practices and training nights).
- Competitive opportunities and chance to represent the school.
- Wide range of sporting competitions entered for both boys and girls.
- Outdoor Education opportunities for our KS4 GCSE PE students.
- Ski visit run by the department.
- Higher-level competitions entered to increase skill level and challenge for top-end students.
- Links with local, county clubs to extend students ability and opportunities at a high-level.
- Students have the opportunity to help lead, coach and umpire within extra-curricular clubs.