



Career of the Week

Sports physiotherapist

Average salary (a year)

£23,000 Starter to £45,000 Experienced

Typical hours (a week)

38 to 40 a week

You could work

evenings / weekends /bank holidays or away from home.

Working environment

You could work in an NHS or private hospital, on a sports field, at a fitness centre or in a therapy clinic.

Your working environment may be outdoors some of the time, you'll travel often and it could be physically demanding.

You can get into this job through:

- a university course/degree

Entry requirements 2-3 A levels – Biology, Psychology or Sport Science

- A physiotherapist degree apprenticeship

- 2 A levels including Biology

5 GCSEs at grades 9-4 including English, Maths and Science

Apprenticeship helpline

nationalhelpdesk@apprenticeships.gov.uk

Telephone: 0800 015 0400

[Explore Careers online with National Careers Service](#)

Skills and knowledge

You'll need:

- sensitivity and understanding
- to enjoy working with other people
- customer service skills
- patience and the ability to remain calm in stressful situations
- analytical thinking skills
- counselling skills including active listening and a non-judgemental approach
- to be flexible and open to change
- knowledge of psychology
- to be able to carry out basic tasks on a computer or hand-held device



Day-to-day tasks

Your day-to-day duties could include:

- examining and diagnosing injuries
- planning treatment programmes
- using methods like manipulation, massage and electrotherapy
- giving advice on how to avoid sports injuries
- keeping records of patient's treatment and progress
- giving accurate timescales for when players may be able to play again